

PASSION AND POSSIBILITY

LIVING HOPEFULLY

A Six Day Retreat on Sydney's South Coast
Friday, 15 July 2011 - Thursday, 21 July 2011

Facilitator: Michael Dyer: Chrysalis Consulting: Navigating Change

"If I could wish for something, I would wish for neither wealth nor power, but for the passion of possibility; I would wish only for an eye which, eternally young, eternally burns with the longing to see possibility."

Soren Kierkegaard : The Moment

AN INVITATION TO...

Rest and re-collect yourself – delight in silence and solitude – experience spiritual companionship
be creative - re-imagine possibilities for yourself and for all of creation – deepen and recommit to your
contemplative practice – encounter the Divine - live passionately right here right now –
and trust in a future that *is* full of hope !

The retreat is inclusive. It welcomes and reverences people from a range of spiritual and faith traditions, or no tradition at all. Nonetheless, the retreat content and process is influenced gently by the Judeo - Christian heritage of the facilitator.

CONTEMPLATIVE RHYTHM

8:00	Breakfast
9:00	Meditation and Morning Ritual
9:30	Spiritual Conversation
10:45	Morning Cuppa, Solitude and Silence
1:00	Lunch and Relaxation
4:30	Spiritual Conversation – (optional)
5:30	Contemplative Practice
6:30	Dinner
7:45	Sifting Circle and Night Ritual
8:30	Stillness, Serenity, Sleep



Individual or Group Spiritual Direction is available for retreatants.

Wednesday will be a *Wilderness Day*... a day for solitude and exploration.

The local region offers an abundance of possibilities for revelling in beauty and for relaxing.

Date: Friday, 15 July 2011 – Thursday, 21 July 2011
Arrive from 6:00 pm Depart 7:00 pm

Travel: Train to Stanwell Park Station. Pick up is possible.
Timetable: 131 500. Road directions by email.

Location: 35 Stanwell Ave, Stanwell Park NSW
50 kilometres South of Sydney CBD

The venue accommodates 12 people. It is an older style, and cozy house with shared bathroom facilities. Some rooms are fitted with hand basins. The property has spectacular views and fronts onto the beach for walking, relaxing, surfing, fishing, sand play, star gazing and more.

What to bring: Linen for single beds and towel/s, journal, pen, drawing materials, beach and bush walking wear and shoes, winter woolies, personal luxuries.

Cost: \$ 695.00. Includes some shared accommodation, delicious meals, resources, facilitator fee and companionship. **Book now!** More information and registration documents can be emailed upon request.

Facilitator: Michael Dyer has conducted retreats across Australia and internationally for over 30 years. He is renowned for his creativity, passion and spiritual sensitivity.

RSVP: 1 July 2011

Michael Dyer: Chrysalis Consulting: Navigating Change

Email: dyerlog@tpg.com.au

Tel: 0409 654 065

Website: www.chrysalisconsulting.com.au