



...FLARING FORTH...

ECO-SPIRITUALITY ON SYDNEY'S SOUTH COAST

Friday, 22 July 2011 - Sunday, 24 July 2011

Facilitator - Michael Dyer Chrysalis Consulting: Navigating Change

TODAY THERE IS A COMPELLING NEED TO RECOVER A SENSE OF AWE AND WONDER.

"WE ARE BORN AS A COMMUNITY. THE TREES, THE BIRDS, AND ALL LIVING CREATURES ARE BONDED TOGETHER IN A SINGLE COMMUNITY OF LIFE." (Thomas Berry: Geologist)

Do you desire to deepen your connectedness...with Yourself... with Earth...with Universe...with the Divine?

Through story telling, solitude, contemplative practice, nature walks, creative expression and ritual celebrations you will encounter an expanding spiritual reality and rediscover your relationship to all created beings.

You will be nourished and revitalised by a Sacred Presence ... *One* that dwells within a single community of life.

The retreat is inclusive. It welcomes and reverences people from a range of spiritual and faith traditions, or no tradition at all. Nonetheless, the retreat content and process is influenced gently by the Judeo - Christian heritage of the facilitator.

Friday, 22 July 2011

5:30 Gather, Welcome and Orientation
 6:00 Dinner and Relaxation
 7:00 Conversation: *Earthling Encounter on the Coastal Fringe*
 8:30 Night Ritual: *Meditation and Earth Blessing*
 9:15 Stillness, Serenity and Sleep

Saturday, 23 July 2011

8:00 Breakfast
 9:00 Meditation and Conversation: *Eco -Spirituality*
 11:00 Seasonal Shifts: *Solitude, Silence and Surrender*
 12:30 Lunch and Relaxation
 2:00 Natural Immersion: *Eco - Pilgrimage*
 5:00 Conversation: *A Liturgy of the Hours*
 6:00 Dinner and Relaxation
 7:30 Conversation: *Harvest Time*
 8:30 Night Ritual: *A Cosmic Dance*
 9:15 Stillness, Serenity and Sleep

Sunday, 24 July 2011

8:00 Breakfast
 9:00 Meditation and Conversation: *Ecopsychology*
 11:00 Reflection: *Hearts on Fire*
 Midday Conversation: *Universe Unfolding*
 1:00 Lunch and Farewell



Date: Friday, 22 July – Sunday, 24 July 2011
 Arrive 6:00 pm Depart 2:00 pm

Location: 35 Stanwell Ave, Stanwell Park NSW
 50 kilometres South of Sydney CBD
 The venue accommodates 12 people. It is an older style, and cozy house with shared bathroom facilities. Some rooms are fitted with hand basins. The property has spectacular views and fronts onto the beach for walking, relaxing, surfing, fishing, sand play, star gazing and more.

Cost: \$ 275.00 Includes some shared accommodation, delicious meals, resources, facilitator fee and companionship. **Book now!** More information and registration documents can be emailed upon request.

Travel: Train to Stanwell Park Station. Pick up is possible. Timetable: 131 500. Road directions by email.

What to bring: Linen for single beds and towel/s, journal, pen, drawing materials, beach and bush walking wear and shoes, warm clothing, personal luxuries.

Facilitator: Michael Dyer has conducted retreats across Australia and internationally for over 30 years. He is renowned for his creativity, passion and spiritual sensitivity.

RSVP: Friday, 15 July 2011
 Michael Dyer: Chrysalis Consulting: Navigating Change
 Email: dyerlog@tpg.com.au
 M: 0409 654 065 www.chrysalisconsulting.com.au